Antibiotic-resistant bacteria

You have been diagnosed with bacteria resistant to common antibiotics i.e.

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This will not have an effect on your life outside the hospital. You do not have to mention the bacteria, for instance, to your dentist, masseur, hairdresser or when you take part in your hobbies or when you visit someone.

If you have to be hospitalized, inform the staff about the antibiotic-resistant bacteria.

**To be noted:**

**Washing hands**

Wash your hands with soap and water

* when your hands are dirty
* before preparing food and before eating
* after visiting the toilet.

If you have any wounds, wash your hands with soap and water and dry them with a disposable household towel (kitchen paper, for instance) before and after treating your wounds. Place used wound dressings directly in the waste bin.

**Domestic cleaning**

You can use normal house cleaning products for domestic cleaning.

**Dishes, laundry**

You can do these in the usual manner:

* wash your dishes together with all the other dishes
* wash your laundry together with all the other laundry in temperatures recommended for the clothes in question.

**Visits**

Everyone regardless of age (from the very young to the very old) can visit you at your home.

**For further information** about the multi-resistant bacteria, see the website of the National Institute for Health and Welfare ([www.thl.fi](http://www.thl.fi)).